

# mellow mushroom



far out take out (478) 457-0144

2588 North Columbia Street  
Milledgeville, GA 31061

WWW.MELLOWMUSHROOM.COM/MILLEDGEVILLE

## munchies

**TOMATO BISQUE** Cup \$3.50 Bowl \$5.50

**TORTILLA SOUP** Cup \$3.50 Bowl \$5.50 Add Chicken \$1.95

**GARLIC BREAD** \$2.50

**GARLIC BREAD W/ CHEESE** \$4.00

**BRUSCHETTA** \$5.50

**HUMMUS** \$5.99

**PRETZELS** Half Order (3) \$3.85 • Whole Order (6) \$6.99  
Specify Salt, Garlic and Parmesan or Honey and Cinnamon Sugar.

### MEATBALL APPETIZER \$5.50

Three meatballs with Fresh Mozzarella, Marinara and Basil. Round, juicy, meaty - Eat!

### THE CAPRI \$5.99

This exquisite salad features layers of juicy Tomatoes, Fresh Mozzarella, and Basil. Served with a side of Spring Mix and Balsamic Glaze.

### STUFFED PORTOBELLO \$5.99

Mushroom Cap with Garlic Butter, Artichoke Hearts, Sun-Dried Tomatoes, Spinach and Feta Cheese, topped with Mozzarella Cheese on a bed of Fancy Lettuce.

### OVEN ROASTED WINGS 5 for \$4.20 or 10 for \$7.99

Available in Hot, Mild, BBQ, Naked, and Jerk

*Spinach Artichoke Dip \$6.95*

## salads

### GREEK REG \$7.50 'LIL \$4.50

Iceberg, Red Cabbage, Carrots, Cucumbers, Onions, Green Peppers, Mushrooms, Feta, Kalamata Olives, Tomatoes, Pepperoncini, and Banana Peppers. Served with Esperanza dressing.

### CHEF REG \$7.50 'LIL \$4.50

Iceberg, Red Cabbage, Carrots, Cucumbers, Onions, Green Peppers, Mushrooms, Kalamata Olives, Tomatoes, Mozzarella, Ham, and Sprouts. Served with Esperanza dressing.

### FIELD GREEN REG \$6.50 'LIL \$4.00

Play the field with our Field Green Salad. This salad features assorted gourmet Lettuce, Mushrooms, Tomatoes, and Green Olives. Served with our Balsamic Vinaigrette dressing.

### TOSSED REG \$5.50 'LIL \$3.50

The old reliable. Lettuce, Red Cabbage, Carrots, Mushrooms, and Tomatoes. Served with Esperanza dressing. Try it with Cucumbers, Cheddar Cheese, and Bacon.

### CAESAR REG \$6.50 'LIL \$4.00 WITH CHICKEN REG \$8.45 'LIL \$5.95

Traditional—with Romaine, a variety of Croutons, and Parmesan Cheese.

### THE BRUTUS REG \$8.50 • add Jerk or Teriyaki Chicken \$10.45

A Caesar salad with everything but the bird! Romaine and Parmesan with Kalamata Olives, Grilled Portobello, Roasted Red Peppers, Roma Tomatoes, and Feta Cheese.

### SPINACH REG \$6.95 'LIL \$4.25

The sailor's favorite! Spinach, Parmesan Cheese, Mushrooms, Tomatoes, and Bacon. Served with Balsamic Vinaigrette dressing.

## build your own salad

Choose your greens and ingredients

### 1 PICK A BASE \$4.25

Romaine • Salad Mix • Spinach • Spring Mix OR mix any two

### 2 LOAD UP ON VEGGIES \$0.50 EACH

Cucumbers • Green Peppers • Banana Peppers • Pepperoncini • Jalapeno Peppers  
Roasted Red Peppers • Vine Ripe Tomatoes • Roma Tomatoes • Sun-dried Tomatoes  
Artichoke Hearts • Black Olives • Green Olives • Kalamata Olives • Onions  
Mushrooms • Portobello • Broccoli • Pineapple

### 3 CHOOSE YOUR CHEESE \$1.00 EACH

Cheddar • Mozzarella • Parmesan • Provolone • Bleu Cheese • Fresh Mozzarella • Feta

### 4 POWER UP ON PROTEIN \$1.95 EACH

Avocado • Bacon • Chicken • BBQ Chicken • Jerk Chicken • Pesto Chicken • Teriyaki  
Chicken • Herb Vinaigrette Chicken • Ham • Salami • Steak • Tempeh • Tofu • BBQ Tofu • Turkey

### 5 DRESS IT UP!

Choose your salad dressing from the list below:

## dressings

Herb Vinaigrette • Spicy Ranch • Bleu Cheese • 1000 Island • Honey Mustard  
Esperanza • Ranch • Balsamic Vinaigrette

All take away salads are served with dressing on the side. Most salads are served with Esperanza, our house dressing. Extra Ounces of Dressing are available for purchase.

# pizza

## cheese pizza prices

SLICES \$2.25  
SLICE INGREDIENT \$0.75 EACH

10" Small	14" Medium	16" Large
\$7.50	\$11.75	\$13.99

**HOUSE SPECIAL** \$12.99 \$19.99 \$23.99  
Pepperoni, Sausage, Ground Beef, Onions, Green Peppers, Mushrooms, Black Olives, Tomatoes, Ham, Bacon, and extra cheese.

**GOURMET WHITE** \$12.50 \$19.50 \$23.50  
Olive Oil and Garlic with Sun-Dried Tomatoes, Provolone, Mozzarella, Feta, Vine-Ripened Tomatoes and Onions.

**MIGHTY MEATY** \$12.50 \$19.50 \$23.50  
Piled high with Pepperoni, Italian Sausage, Ground Beef, Ham and Bacon.

**MEGA VEGGIE** \$12.99 \$19.99 \$23.99  
Sun-Dried Tomatoes, Spinach, Green Peppers, Mushrooms, Onions, Black Olives, Tomatoes, Broccoli, Feta, Banana Peppers, Artichoke Hearts and Tofu.

**KOSMIC KARMA** \$12.50 \$19.50 \$23.50  
Sun-Dried Tomatoes, Spinach, Feta, Fresh Tomatoes and Pesto.

**MAGICAL MYSTERY TOUR** \$12.50 \$19.50 \$23.50  
Pesto, Button and Portobello Mushrooms, Spinach, Feta Cheese, and Jalapenos.

**FUNKY Q. CHICKEN** \$12.50 \$19.50 \$23.50  
BBQ Chicken, Cheddar Cheese, Caramelized Onions, and Bacon.

**PHILOSOPHER'S PIE** \$12.99 \$19.99 \$23.99  
Steak, Portobello Mushroom Cap, Artichoke Hearts, Kalamata Olives, Provolone, Feta, and Mozzarella Cheeses on an Oil and Garlic Base.

**THE CAESAR!** \$12.50 \$19.50 \$23.50  
Olive Oil and Garlic base with Pesto Chicken, Provolone, Mozzarella and Feta Cheeses, topped with a fresh Caesar Salad and Roma Tomatoes.

**BUFFALO CHICKEN** \$12.50 \$19.50 \$23.50  
Hot Buffalo Chicken, Caramelized Onions, Bacon and Mozzarella Cheese. Choice of Bleu Cheese or Spicy Ranch.

**HAWAIIAN** \$9.99 \$14.99 \$17.99  
Ham and Pineapple.

## calzones

**CHEESE** \$7.50  
Add in any ingredients from the list to the right. Ingredient prices for calzones are the same as for a small pizza.

**STEAK & CHEESE** \$10.50  
Grilled Steak, with Mushrooms, Onions, Green Peppers, and Mozzarella cheese.

**CHICKEN & CHEESE** \$10.50  
Grilled or Jerked Chicken, with Mushrooms, Onions, Green Peppers, and Mozzarella Cheese.

**HOUSE** \$8.50  
Stuffed with Spinach, Vine-Ripened Tomatoes, Mushrooms, and Mozzarella cheese.

## deli hoagies

All Deli Hoagies come with Lettuce, Tomato & Mayo. Ask about our tasty sides.

**CAPRI HALF \$5.99 • WHOLE \$8.99**  
Pesto Mayo with Fresh Mozzarella, Ripe Tomatoes, and Basil. Topped with Spring Mix and Herb Vinaigrette and sandwiched on Fresh Bread.

**ITALIAN HALF \$5.75 • WHOLE \$8.75**  
Ham, Salami, and Pepperoni heated with Fresh Mozzarella, Caramelized Onions, Basil, Tomatoes, Spring Mix, and Herb Vinaigrette.

**MUSHROOM CLUB HALF \$6.50 • WHOLE \$9.50**  
Piled high with Ham, Turkey, and Bacon, heated with Provolone Cheese, Caramelized Onions, and Mushrooms.

**HAM & CHEESE HALF \$5.50 • WHOLE \$8.50**  
Premium Deli Ham heated with Provolone Cheese and Onions-topped with Sprouts.

**TURKEY & CHEESE HALF \$5.50 • WHOLE \$8.50**  
Turkey Breast heated with Provolone Cheese and Onions and topped with Sprouts.

**AVOCADO HALF \$5.99 • WHOLE \$8.99**  
Sprinkled with Lemon Juice, then placed on heated French or Wheat Bread with melted Provolone Cheese, Onions and Sprouts.

**B.L.T. HALF \$5.50 • WHOLE \$8.50**  
Provolone Cheese, Onions and Bacon, heated, topped with Sprouts.

## grilled hoagies

**IRV'S SAUSAGE & PEPPERS HALF \$6.50 • WHOLE \$9.50**  
Sausage Links, stuffed with Caramelized Onions, Green Peppers, and Provolone cheese. Garnished with Deli Mustard, Lettuce and Tomatoes.

**PORTOBELLO & CHEESE HALF \$6.50 • WHOLE \$9.50**  
A grilled Portobello Mushroom Cap big enough to wear on your head basted with Garlic Butter and accompanied by Mayo, Artichoke Hearts, Sun Dried Tomatoes, Spinach, Mozzarella and Feta.

**STEAK & CHEESE HALF \$6.50 • WHOLE \$9.50**  
Grilled Steak and Mushrooms, Onions, and Green Peppers, smothered with Provolone Cheese, Try it with Bacon and extra Cheese. Or ask for the Black and Bleu-same Hoogie, but with Bleu Cheese instead of Provolone. Served with Mayo, Lettuce and Tomatoes.

**MEATBALL HALF \$6.50 • WHOLE \$9.50**  
Meatballs, smothered in tangy Marinara and melty Mozzarella. Try it with grilled Mushrooms & Onions.

**CHICKEN PARMESAN HALF \$6.50 • WHOLE \$9.50**  
Grilled Chicken, baked with Marinara and Mozzarella Cheese and kissed with Oregano.

**TOFU HALF \$6.50 • WHOLE \$9.50**  
French or Wheat Bread, with Teriyaki grilled Tofu, covered with Provolone Cheese and garnished with grilled Mushrooms, Onions and Green Peppers, topped with Sprouts. Served with Mayo, Lettuce and Tomatoes.

**TEMPEH HALF \$6.50 • WHOLE \$9.50**  
Marinated grilled Tempeh, covered with Feta Cheese and garnished with grilled Mushrooms, Onions and Green Peppers. Served with Sprouts, Pesto Mayo, Lettuce and Tomatoes.

**CHICKEN & CHEESE HALF \$6.50 • WHOLE \$9.50**  
Chicken grilled with Teriyaki, Mushrooms, Onions and Green Peppers. Smothered with Provolone Cheese. Served with Mayo, Lettuce and Tomatoes.

**JERK CHICKEN HALF \$6.50 • WHOLE \$9.50**  
Grilled Mushrooms, Onions, Green Peppers, spicy Jerk Chicken, and Pineapple. With Spinach, Feta, Pesto Mayo and Tomatoes.

## ingredients

### bases

Olive Oil and Garlic  
Pesto  
Red  
Barbeque

### fruits & veggies

Artichoke Hearts\*  
Banana Peppers  
Black Olives  
Broccoli  
Fresh Basil\*  
Fresh Garlic  
Green Olives  
Green Peppers  
Jalapenos  
Kalamata Olives  
Mushrooms  
Onions  
Pepperoncini  
Pesto  
Pineapple  
Portobello\*  
Roasted Red Peppers\*  
Roma Tomatoes  
Spinach  
Sun Dried Tomatoes\*  
Tomatoes

Small \$1.50  
Medium \$2.00  
Large \$2.50

### proteins

Anchovies  
Avocado\*  
Bacon  
BBQ Chicken\*  
BBQ Tofu  
Buffalo Chicken\*  
Chicken\*  
Ground Beef  
Ham  
Italian Sausage  
Jerk Chicken\*  
Meatballs\*  
Pepperoni  
Pesto Chicken\*  
Pesto Tofu  
Salami  
Steak\*  
Tempeh  
Tofu  
Turkey

Small \$1.50  
Medium \$2.00  
Large \$2.50

### cheeses

Bleu Cheese  
Cheddar  
Extra Mozzarella  
Feta  
Fresh Mozzarella\*  
Parmesan  
Provolone  
~~Ricotta~~

Small \$1.50  
Medium \$2.00  
Large \$2.50

\*Counts as 2 Ingredients